

NON-REGULAR RETIREMENT PLANNING **CHECKLIST**

9 - 12 Months prior to age of eligibility for retired pay

(12 months): Month _____ Year _____

(9 months): Month _____ Year _____

- ☐ Attend an [Army Retirement Planning Seminar](https://soldierforlife.army.mil/Army-Retirement/Retirement-Planning/Retirement-Planning-Events) (<https://soldierforlife.army.mil/Army-Retirement/Retirement-Planning/Retirement-Planning-Events>). Use our [RSO directory to contact your RSO](https://soldierforlife.army.mil/About-Us/Contact-Your-RSO) (<https://soldierforlife.army.mil/About-Us/Contact-Your-RSO>) for more information.
- ☐ Submit your retired pay application to [HRC Gray Area Retirements \(GAR\) branch](https://www.hrc.army.mil/content/Gray%20Area%20Retirements%20Branch) (<https://www.hrc.army.mil/content/Gray%20Area%20Retirements%20Branch>), detailed information is available on their [website](#).