

**NON-REGULAR RETIREMENT PLANNING**  
**CHECKLIST**

**01 - 06 Months Before Retirement**  
**(19.5 - 20 years of creditable service)**

**(6 Months): Month \_\_\_\_\_ Year \_\_\_\_\_**

**(1 Month): Month \_\_\_\_\_ Year \_\_\_\_\_**

- ☐ Final PHA (if not already done)
- ☐ Apply for [US Department of Veterans Affairs \(VA\) disability compensation](https://www.va.gov/disability/) (<https://www.va.gov/disability/>)
- ☐ Change [DFAS myPay email](https://mydfas.mil/) (mypay.dfas.mil) to a personal email instead of a .mil email.
- ☐ If applicable, start application to request transfer to the Retired Reserve or Discharge